

Heidi Bardot, MA, ATR-BC, LCPAT

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EDUCATION

MA Art Therapy, The George Washington University, 2000 (*Terminal degree in Art Therapy*)
BFA The Rhode Island School of Design, 1990

LICENSURE & CERTIFICATION

LCPAT Licensed Clinical Professional Art Therapist, The MD Board of Mental Health Therapists, 2015
ATR-BC Art Therapy Registration and Board Certification, The American Art Therapy Association, 2001

PROFESSIONAL APPOINTMENTS

2016-Present The George Washington University, Art Therapy Graduate Program
Director of the Art Therapy Program, Associate Professor
2005-2016 The George Washington University, Art Therapy Graduate Program
Director of the Art Therapy Program, Assistant Professor
2002-2005 The George Washington University, Art Therapy Graduate Program
Lecturer and Clinical Supervisor

PROFESSIONAL ART THERAPY EXPERIENCE

2004-Present Creative Counseling LLC and A Time to Explore, Fairfax, VA
Co-Director/Art Therapist/Retreat Director
2000-2004 Capital Hospice, Falls Church, VA; Art Therapist
1999-2000 Potomac Ridge Behavioral Health Center, Rockville, MD; Art Therapist
1998-2000 International Art Therapy Services, Washington, DC; Art Therapy Consultant
1998 National Evangelical Institute for Girls & Boys, Sidon, Lebanon; Art Therapist
1995-1998 Sasha Bruce Youthworks, Inc., Washington, DC; Art Therapist
1997-1998 The Center for Post-Traumatic & Dissociative Disorders, Washington, DC; Art Therapist
1996-1997 The Paul Robeson School, Washington, DC; Art Therapist

AWARDS & HONORS

2015 The George Washington University Award: For Outstanding Contributions
2012 CCAS Commencement Speaker
2011 Diversity Awareness Service Excellence Award, Art Therapy Program Nominated
2009 GW CCAS Graduate Advisor of the Year Award
2009 Andrew Heiskell Award for Innovation in International Education, Nominated by GW Office of International Programs

PUBLICATIONS

- Bardot, H. & McCaw, J. (in press). The power of creative expression and ritual: Integrating art therapy into a bereavement camp. In R. Jacobson & M. Wood (Eds.). *Handbook of art therapy in hospice and bereavement care*. London: Taylor & Francis/Routledge.
- Bardot, H. (2019). Can biases ever be right?: The ethics of working internationally. In A. DiMaria (Ed.). *The ethics of art therapy*. London: Taylor & Francis Books.
- Potash, J., Bardot, H., Moon, C., Napoli, M., Lyonsmith, A., & Hamilton, M. (2017). Ethical implications of cross-cultural international art therapy. *The Arts in Psychotherapy, 56*, 74-82.
- Bardot, H. (2015). Art therapy. In A. Morkes (Ed.). *The teach that in college!? A resource guide to more than 100 interesting college majors, (3rd ed)*. Chicago, IL: College & Career Press.
- Bardot, H. (2013). Culturally aware issues of grief and loss. In P. Howie, S. Prasad & J. Kristel (Eds.). *Using art therapy with diverse populations crossing cultures and abilities*. London: Jessica Kingsley Publishers.
- Potash, J.; Bardot, H.; Wang, X.; Chan, F.; Ho, A.; & Cheng, C. (2013). Mandalas as indicators of burnout among end-of-life care workers. *Journal of Applied Arts & Health, 4*(3), 363-377.
- Bardot, H. (2012). Utilizing sand tray therapy techniques in grief and loss therapy. In R. Neimeyer, (Ed.) *Techniques in grief therapy: Creative strategies for counseling the bereaved*. New York, NY: Routledge.
- Potash, J.S., Bardot, H. & Ho, R. (2012). Conceptualizing international art therapy education standards. *The Arts in Psychotherapy, 39*, 143-150.
- Bardot, H. (2012). History of Art Therapy Review [Review of the book *The modern history of art therapy in the United States*, by M.B. Junge]. *Art Therapy: Journal of the American Art Therapy Association, 29*(2), 99-100.
- Bardot, H. (2008). Expressing the inexpressible: The resilient healing of a client and the art therapist. *Art Therapy: Journal of the American Art Therapy Association, 25*(4), 183-186.
- Bardot, H. (2008). Art therapy. In S. Prasad, *Creative expressions: Say it with art*. Chennai, India.

GRANTS & FELLOWSHIPS

- 2014, 2019** OLI Course Development Grant; Survey of Art Therapy; \$5000
- 2013, Nov.** Catharsis, Creative Arts Therapy, Al Mustafa Trust, Awarded (\$8000 to cover costs of 40 hour art therapy training, travel, room & board in Beirut, Lebanon.)
- 2011, 2012** CCAS Program Assessment Award, \$2000/year

INVITED SPEAKING ENGAGEMENTS/WORKSHOPS

- 2017, April** A New Look at Refugee Mental Health: Practice and Perception
No Lost Generation Georgetown University
- 2016, July** The Uses of Art Therapy in Trauma and Grief & Loss Work
GW Grief and Loss Summer Institute, Washington, DC

- 2016, May** Art Therapy with Military Loss: Movement and Art Tragedy Assistance Program for Survivors, Washington, DC
- 2016, March** Art Therapy Education and Clinical Work, Plenary Speaker International Festival, The Academy of the Arts, University of Osijek, Croatia
- 2016, Feb.** Art Therapy in Trauma Work: An Essential Element of Healthcare and Mental Health Programs
What is Art Therapy
1st Sharjah Conference on Arts Therapies, Sharjah, UAE
- 2015, May** Art Therapy with Military Loss Tragedy Assistance Program for Survivors, Washington, DC
- 2014, July** Trauma Work: Guidelines, Techniques, and Self-Care (for Counselors) WarChild, Beirut, Lebanon
- 2014, July** Trauma Work: Guidelines, Techniques, and Self-Care (for Relief Workers) WarChild, Beirut, Lebanon
- 2013, Nov.** Creative Arts Therapy Training
40hr training, Catharsis, Beirut, Lebanon
- 2007, Oct.** Art Therapy and Pain Management
National Conference of Capital Hospice/Josefina Magno Conference, Fairfax, VA
- 2007, Oct.** When Pain is Beyond the Receptors
National Conference of Capital Hospice/Josefina Magno Conference, Fairfax, VA
- 2007, Jan.** The Effects of Trauma
The Potomac Art Therapy Association, Washington, DC
- 2006, Feb.** Coping with the Effects of Having an Autistic Child
Capital Hospice, Fairfax, VA
- 2005, Nov.** Personal Sand Tray Therapy
Capital Hospice in Fairfax, Falls Church, Manassas, Leesburg, Arlington, VA
- 2005, Sept.** Journaling to Reduce Stress
Capital Hospice in Fairfax, Falls Church, Manassas, Leesburg, Arlington, VA; Washington, DC; Beltsville, MD
- 2005, July** Revitalize Your Spirit
Capital Hospice in Fairfax, Falls Church, Manassas, Leesburg, Arlington, VA; Washington, DC; Beltsville, MD
- 2005, June** Caring for the Caregivers
Capital Hospice, Winchester, VA
- 2005, June** Stress—How it Affects Your Life and Your Body
Capital Hospice, Fairfax, VA
- 2005, April** Listening to Your Inner Voice
Capital Hospice, Fairfax, VA
- 2004, Nov.** Healing Grief with Art Therapy
The Hospices National Annual Conference, Fairfax, VA
- 2002, May** COPs Kids Police Week Children’s Program
National Police Week, Washington, DC
- 2002, Nov.** Children and Grief
The Hospices National Annual Conference, Washington, DC
- 2001, Nov.** Art Therapy: Dealing with Grief and Loss
Introduction to Art Therapy, NIH, Washington, DC

- 2001, Nov.** Art Therapy with Children Dealing with Grief and Loss
The George Washington University Art Therapy Graduate Program, Washington, DC
- 2001, July** Dealing with the Loss of a Sibling
Compassionate Friends National Conference, Washington, DC
- 2001, May** COPs Kids Police Week Children's Program
National Police Week, Washington, DC
- 2001, March** Reducing Stress
The Hospices of the National Capital Region, Washington, DC
- 2000, Oct.** Reducing Stress
The Hospices of the National Capital Region, Fairfax, VA
- 1998, Oct.** Resiliency of Inner-City Youth
International Relations and Conflict Resolution Institute, George Mason University, VA

PRESENTATIONS

- 2018, Nov** A Multi-Perspective Discussion on Global Art Therapy
American Art Therapy Association (AATA) 49th National Art Therapy Conference, Miami, FL
- 2018, Nov** Creating an Art Therapy Training Program in Croatia: Cultural and Ethical Pitfalls and Successes
American Art Therapy Association (AATA) 49th National Art Therapy Conference, Miami, FL
- 2018, Nov** Exploring Ethical Dilemmas in Art Therapy: Three Clinicians Share Their Stories
American Art Therapy Association (AATA) 49th National Art Therapy Conference, Miami, FL
- 2017, Nov** Ethics in Art Therapy Education: Responsibilities to Students and Profession
American Art Therapy Association (AATA) 48th National Art Therapy Conference, Albuquerque, NM
- 2016, July** International Exchange: Connection and Collaboration for the Global Network of Art Therapists
American Art Therapy Association (AATA) 47th National Art Therapy Conference, Baltimore, MD
- 2015, July** International Exchange
AATA 46th National Art Therapy Conference, Minneapolis, MI
- 2015, July** Assessing Student Performance: Evaluation, Remediation, and Dismissal Policies in Art Therapy Education
AATA 46th National Art Therapy Conference, Minneapolis, MI
- 2014, July** Conducting Cross-Cultural Art Therapy Internationally: Ethical Implications
AATA 45th National Art Therapy Conference, San Antonio, TX
- 2014, July** International Exchange
AATA 45th National Art Therapy Conference, San Antonio, TX
- 2011, July** Out of Darkness Comes Understanding and Awareness: Students' Process during International Course
AATA 42nd National Art Therapy Conference, Washington, DC
- 2011, July** If You Build it . . . Creating a Community Art Therapy Clinic within a University Setting
AATA 42nd National Art Therapy Conference, Washington, DC

- 2010, Oct.** The Creative Spirit During War: Transforming Trauma and Reconnecting the Soul
Art in Response to Violence Conference, Chicago, IL
- 2009, Nov.** The Cultural Mirror: International Diversity and Healing Arts in India
AATA 40th National Art Therapy Conference, Dallas, TX
- 2009, Nov.** The Complex Role of Academic Chair/Director
AATA 40th National Art Therapy Conference, Dallas, TX
- 2008, Nov.** The Creative Spirit During War: Transforming Trauma and Reconnecting the Soul
AATA 39th National Art Therapy Conference, Cleveland, OH
- 2008, Nov.** Ladder to the Sky: Art Therapy Intern Supervision
AATA 39th National Art Therapy Conference, Cleveland, OH
- 2007, Nov.** Collective Wisdom and Best Practices: Art Therapy Intern Supervision
AATA 38th National Art Therapy Conference, Albuquerque, NM
- 2006, Nov.** Healing Loss Through Art
AATA 37th National Art Therapy Conference, New Orleans, LA
- 2004, Nov.** Descent into Darkness: Parallel Paths—Living in War and Working with Grief
AATA 35th National Art Therapy Conference, San Diego, CA
- 2002, Nov.** Point of Hope: Journey of Grieving Children and Adolescents
AATA 33rd National Art Therapy Conference, Washington, DC
- 2002, Nov.** Healing Loss Through the Connection of Self, Others, and Art
AATA 33rd National Art Therapy Conference, Washington, DC
- 1999, Nov.** Resiliency in the Inner-City and in War
AATA 30th National Art Therapy Conference, Orlando, FL
- 1999, Nov.** Peace & Hope International Project
AATA 30th National Art Therapy Conference, Orlando, FL
- 1998, Nov.** Peace & Hope International Project
Evergreen Art Therapy Conference, Antioch University, Seattle, WA

EXHIBITS

- 2018, Summer** *Divided Boundaries*
The Courage to be Vulnerable
Borders, Boundaries, and Belonging Art Exhibit; The George Washington Art Therapy Gallery
- 2017, Summer** *The Process of Aging*
The George Washington Art Therapy Gallery
- 2016, Fall** *Morning Ritual: Imagination, Bonding and Art*
The George Washington Art Therapy Gallery
- 2015, Summer** *The Discovery Process*
The George Washington Art Therapy Gallery
- 2015, Summer** *The Faculty Experience*
The George Washington Art Therapy Gallery
- 2012, Summer** *Winter and Summer in Lebanon*
Global Impressions Art Exhibition, The George Washington Art Therapy Gallery
- 2011, Fall** *The Process of Grief*
Life with Cancer Gallery, Fairfax, VA

- 2011, Summer** *The Process of Grief*
Art in Response to Trauma Art Exhibition, The George Washington Art Therapy Gallery
- 2007, May** *The Art of Relationship*
Create Gallery, Takoma Park, MD
- 2004, Nov.** *Healing Grief with Art Therapy*
The Hospices National Annual Conference, Fairfax, VA

UNIVERSITY TEACHING EXPERIENCE

- 2018** Ethics & Professionalism I: Principles
- 2018** Assessment Procedures (University of Osijek, Croatia)
- 2005-Present** History & Theory of Art Therapy
- 2006-Present** International Social & Cultural Diversity (France, India, South Africa, UAE, Croatia)
- 2008-Present** Art Psychotherapy & Trauma Treatment II
- 2017** History & Theory of Art Therapy (University of Osijek, Croatia)
Art Therapy Process
Introduction to Art Therapy
Practicum Supervision
- 2014** Survey of Art Therapy
- 2007-2008** Traumatic Loss & Resiliency
- 2005-2008** Practicum Supervision
- 2007-2008** Special Projects (Ethics & Professionalism)
- 2007** Special Projects (Hirshorn Museum & Art Therapy)
- 2006-2007** Special Projects (History & Theory)
- 2005-2006** Special Projects (Medical Art Therapy)
- 2002-2007** Art Therapy Assessment Procedures

SERVICE TO PROFESSION

- 2014-Present** Art Therapy Education Advisory Board, University of Osijek, Croatia
- 2014-2015** *Death Studies Journal*, Reviewer
- 2009** AATA Teller's Committee, Chair
- 2009-Present** AATA Conference APA Paper, Panel, Workshop Conference Reviewer
- 2008-2010** AATA Search Committee, Member
- 2008-2011** AATA Education Committee, Chair
- 2007-Present** AATA Education Committee, Member
- 2007-Present** John Wiley Publications, Art Therapy Book Reviewer
- 2007-2011** AATA Finance Committee, Member
- 2007-2011** The Potomac Art Therapy Association, Scholarship Chair
- 2006-2008** AATA Teller's Committee, Member
- 2005-Present** AATA Council of Art Therapy Educators, Member
- 2005-2007** The Potomac Art Therapy Association, Publications Chair
- 1998-2007** International Networking Group of Art Therapists (ING/AT), Editor/Publications Chair
- 1996-Present** The American Art Therapy Association (AATA), Member

DEPARTMENTAL/UNIVERSITY SERVICE

- 2017-Present** CCAS Graduate Dean's Council Advisory Committee
- 2017-Present** GW College of Professional Studies Dean Committee
- 2018-Present** GWU Faculty Association Steering Committee
- 2016-2017** GW Award Committee, Chair
- 2015-Present** Women's Caucus CCAS Council of Chairs
- 2015-Present** Mental Health and the Arts Initiative Advisory Board
- 2011-2012** Clinton Initiative Award Committee
- 2011-2012** CCAS Grievance Committee
- 2010-2011** GW International Programs and Activities Committee
- 2010-2011** GW Arts Initiative Committee
- 2009-2015** GW College of Professional Studies Dean Committee
- 2009-Present** Alexandria Fellowship Award Committee
- 2008-Present** Art Therapy Clinic Advisory Board
- 2008-Present** Art Therapy Gallery Exhibit Committee
- 2007-2011** GW Joint Committee of Faculty and Students
- 2005-Present** Art Therapy Student Association, Faculty Advisor
- 2005-Present** *Drawn from the Circle* and *Bldg. L*, alumni newsletter, Editor & Designer
- 2005-Present** Art Therapy Contract Renewal Committee

COMMUNITY SERVICE/INTERNATIONAL WORK

- 2017, Sept.** Panel Reviewer for McKain Institute Fellowship presenter regarding "art therapy" work with refugees in Lebanon
- 2017, Feb.** Art Therapy workshops in three organizations (delinquent youth center, developmentally disabled children's program, geriatric nursing center) in Osijek, Croatia
- 2016, Nov.** UAE—exhibit at the Forum for Motherhood and Childhood, Abu Dhabi
- 2016, March** Art Therapy workshops in seven organizations (psychiatric hospital, substance abuse program, orphanage, retirement center, veterans association, developmentally disabled children's program, developmentally and physically disabled adult program) in Osijek, Croatia
- 2015, April** Hosted Deborah Kalmanowitz, art therapist from West Bank working with refugees
- 2012-2015** Chennai, India; providing art therapy services
 - Apollo Hospital
 - Bambino School
 - Banyan Academy of Leadership in Mental Health
 - Cancer Institute
 - Saraswathi Kendra School
 - TTK: Substance Abuse Treatment Program
- 2014, July** Beirut, Lebanon
 - WarChild; art therapy in Shatilla Refugee Camp for Syrian children and women

- Beit el Hanane; art therapy for abused women in safe house
National Synod of Syria/Lebanon, General Secretary and Director of Education
- 2014, June** State Department; Hosted Israeli delegation interested in art therapy
- 2014, May** State Department; Hosted Syrian educators interested in art therapy in schools and with refugees in the camps
- 2014, Feb. & 2013, Nov.** Lebanon—meetings for international collaboration
War Child, Holland; Country Representative and Emergency Project Coordinator
Sawa, Relief Organization, Director and Relief Coordinator
Art professor at American University of Beirut
World Vision, Lebanon; National Director
Catharsis, Drama Therapy NGO, Founder and Director
Rouimeh Prison providing art therapy sessions to mental health inmates
Al Mustafa Trust, Founder and Director
- 2013, Feb.** Chennai, India; exploring creation of Art Therapy Certificate in India
Loyola College, Social Work Chair and faculty
Women's Christian College, Social Work Director and Co-Director
Stella Maris College, Social Work Director and President of College
East West Counseling, Director
- 2012, Feb** Hosted Bokamoso Youth, South Africa, presentation and introduction to art therapy
- 2012, Jan** Hosted Professor Peter Odoch and Andrew Briggs of Freedom and Creation, from Uganda for student/faculty workshop
- 2011& 2014** Winterveld, South Africa; providing art therapy services
Bokamoso Youth Center
Group House Day Care Center
- 2011, July** Hosted Australian art therapist exploring American art therapy
- 2011, June** State Department; Hosted Botswana delegation interested in counseling in art therapy

MEDIA COVERAGE

- 2016, Nov.** Interviewed by Pearl 102FM about Art Therapy and children, Abu Dhabi, UAE
- 2016, March** Art Therapy and Heidi Bardot, George Washington University, *Glas Slavonije* Osijek newspaper, March 11, 2016
- 2015, March** Research Conversations: Art Therapy Healing Through Imagery, CCAS Home Page, Filmed conversation with Dean Vinson regarding Art Therapy
- 2015, Winter** Alumna Eases Veteran's Pain Through Art Therapy, *CCAS Newsletter*
- 2015, Spring** Director's Cut: Refugee Camps and Training Workshops, *Drawn from the Circle*
- 2014, Nov** Where Words Fail: GW's Art Therapy Program Unlocks Expression, *The Hatchet*
- 2014, Spring** Director's Cut: Return to Lebanon, *Drawn from the Circle*
- 2013, Nov.** Creative Arts Therapy, *Al Hura TV*, Beirut, Lebanon
- 2013, Feb.** The Power of Art: Can Creativity Cure the Sick? *BBC World News*, Featuring Tracy Councill (Tracy's Kids), the GW Art Therapy Program, and the National Intrepid Center of Excellence
- 2012, Jan.** Creativity, Passion, Healing: Meet Art Therapy Director Heidi Bardot, *Columbian College of Arts and Sciences News and Events*
- 2009, July** Art to Heal, *The India Times*, Chennai, India

PROFESSIONAL TRAINING

- 2015, June** Women in War: Academics & Activists, Lebanese American University, Beirut, Lebanon
- 2014, March** Arts Advocacy Days, Americans for the Arts, Capitol Hill, DC
- 2014, April** Creativity, Health & Healing, Expressive Arts Therapies Institute, Springfield, VA
- 2013, April** Creativity, Health & Healing, Expressive Arts Therapies Institute, Springfield, VA
- 2013, Feb.** Academic Chairpersons Conference, San Antonio, TX
- 2012, Oct.** Military Suicide, DOD, Veterans Affairs and Virginia Wounded Warrior Program, Fairfax, VA
- 2012, Oct.** Teaching Day, GW Institute for Teaching and Excellence
- 2012, Nov.** Research Regional Symposium, Potomac Art Therapy Association & MD & VA Art Therapy Associations, Arlington, VA
- 2011-2013** GW Clinical Counseling Doctoral Program
- 2011, Sept.** Trauma Training, Part I and II, Intensive Trauma Training Institute; Morgantown, WV