



**Jasenka Horvat** (she/her) was born in Croatia and presently lives in London, UK. She is a HCPC-registered senior music therapist (UK), an EAMI-accredited Guided Imagery and Music therapist (EU) and a Fellow with the AMI (USA). She is an Associate Professor of Music Therapy at the J.J. Strossmayer University in Osijek, Croatia, and an Assistant Trainer on the International GIM teaching programme Chiron.

Jasenka obtained her Master of Music Therapy qualification at the Nordoff Robbins Music Therapy Centre / Goldsmiths, University of London, where she subsequently worked for over 22 years as a therapist, supervisor, lecturer and manager. She was also a Senior Lecturer of Therapeutic Studies at the University of South Wales, UK.

In addition, Jasenka trained as a Guided Imagery and Music (GIM) therapist with prof. Leslie Bunt and has completed specialist training in the Continuum Model of GIM with prof. Lisa Summer from the Institute for Music and Consciousness.

Jasenka has 25 years of qualified practice as a music therapist with a wide range of client groups, including children, adults, complex physical and learning difficulties, neuro-rehabilitation, autism, and mental health. She has worked in a broad range of institutional settings, including music therapy clinics, mental health hospitals, mainstream and special needs schools and colleges, and care homes.

In her extensive private practice, Jasenka offers individual and group therapeutic sessions online and in person, and focuses on working collaboratively with people needing support with trauma, bereavement, anxiety and depression, personal development and self-care, stress management, and burnout. She also offers supervision and consultancy to music therapists and other professionals.

Jasenka regularly gives lectures, presentations and workshops based on music therapy practice and research at professional conferences in Europe and worldwide.

In her free time, Jasenka enjoys swimming, meditating, and collecting stones.

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